

2022 Clinical Rock Climbing Therapy Training | www.wildandwonderfullife.com | 708-740-0136

Week 5: Ethics & Social Justice

- Equity and Access in Outdoor Sports
- Cultural Considerations in Climbing
- Land Acknowledgements and Ceremony
- Ethical Considerations
- Power and Relationship Dynamics

Learning Opportunities

- 1. Describe clinical climbing practices that incorporate cultural considerations, land acknowledgement and principles of relational dignity.
- 2. Create land acknowledgement.

Session Outline:

- Intro and Check-In
 - Check for questions and clarification needs.
- Concept Review
 - Homework: Review accidents and risk management plan for 2 locations.
- New Content
 - Equity and Access in Outdoor Sports
 - https://youtu.be/freFBCgEM4Y
 - Cultural Considerations in Climbing
 - Access
 - Indignity
 - Misuse/Abuse
 - Barriers to entry
 - NR-6 (Eastep et al., 2011)
 - Ethical Considerations (Harper & Dobud, 2020)
 - Dignity (Harper & Ribe Fernee, 2022)
 - Confidentiality
 - LNT (*The 7 Principles*, n.d.)
 - Appropriate education and training.
 - Land Acknowledgements and Ceremony (A Guide to Indigenous Land Acknowledgment, 2019)
 - https://native-land.ca/
- Group Discussion and Planning Time
- Homework
 - Reach out to possible DEI collaborators via email during class.
 - o Create a lesson plan or land acknowledgement
- Closing



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References

- The 7 Principles. (n.d.). Leave No Trace. Retrieved May 24, 2022, from https://lnt.org/why/7-principles/
- Eastep, B., Cachelin, A., & Sibthorp, J. (2011). Affinity for Nature in Outdoor Programming:

 Theoretical Foundations, Scale Development, and Importance. Journal of Outdoor

 Recreation, Education, and Leadership, 3. 10.7768/1948-5123.1089
- A guide to Indigenous land acknowledgment. (2019, October 22). Native Governance Center.

 Retrieved May 24, 2022, from

 https://nativegov.org/news/a-guide-to-indigenous-land-acknowledgment/
- Harper, N., & Ribe Fernee, C. (2022). Unpacking Relational Dignity: In Pursuit of an Ethic of Care for Outdoor Therapies. *Frontiers in Psychology*, *13*. 10.3389/fpsyg.2022.766283
- Harper, N. J., & Dobud, W. W. (Eds.). (2020). *Outdoor Therapies: An Introduction to Practices, Possibilities, and Critical Perspectives*. Routledge.

Online Articles

https://www.climbing.com/people/latino-outdoors-bringing-diversity-to-climbing/https://www.climbing.com/news/anti-racism-resources-for-climbers/

Organizations:

https://climbing4change.org/

https://outinthewild.org/

https://www.baboonoutdoors.com/

https://www.browngirlsclimb.com/

https://soultrak.com/

https://outdoorafro.com/